

Medicine and Adult Supervision

Learning Objectives

- I can describe the importance of taking medicine under adult supervision.

Teacher Notes

- Follow along with the video.
- This lesson will include pauses that will involve student response or time to complete the activity. Please pause the video as instructed for as long as needed.

Lesson Steps: Video Outline [K.3i Video](#)

Step 1 Introduction

- Do you know household products are really helpful but can also be really harmful?
- How do you know if a product is medicine or candy?

Step 2 Activity

- Students will listen to scenarios and decide whether a good choice or bad choice was made. (a copy of the activity scenarios is linked below as well as more activities available through Generation Rx)
- Activity: Good Choice or Bad Choice
 - Students will show their answer through these movements:
 - Good Choice = Jumping up and down
 - Bad Choice = Twisting side to side

Step 3 Closure

- If you don't know what a product is or how it should be used, what should you do?

Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge
- Post: The activity will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.

Extensions/Connections/Applications

- The teacher can have more discussion as desired with students throughout the lesson.



Virginia 2021 SOL Edition
Created by: Sue Zeanah
Substance Abuse Prevention
GRK-SAP-3
Kindergarten - K.3i

Resources/References

- [Generation Rx Activity Slides](#)
- [Generation Rx](#)
- [Health Smart VA](#)
- [Kids Health](#)