

## Spring Coin Egg Hunt

### Learning Objectives

- I can describe different types of physical activity and recognize the need for regular physical activity. (VAH.1e)
- I can identify positive physical activity options and the benefits of being physically active every day.(VA HK.2e)
- I can recognize the attributes of a penny, nickel, dime, and quarter and identify the number of pennies equivalent to a nickel, a dime, and a quarter.(Measurement and Geometry K.7)

### Teacher Notes

Participating in physical activity increases blood flow to all parts of the body which provides students with endorphins for maximum learning. Students participating in a combined academic and physical activity shows students that regular physical activity within the school day can promote academic learning as well as provide them with energy their body needs to continue to be able to grow and play each day.

- Vocabulary
  - Benefits – an advantage gained by doing something.
  - Pennies – a coin worth one cent
  - Nickel – a coin worth five cents
  - Dime – a coin worth ten cents
  - Equivalent – the same
- Materials
  - 70 plastic eggs
  - Paper strips with coins totaling five or ten cents, as well as coins totals that do not total to five or ten cents
  - 4 small buckets (one with a picture of a nickel on it, one with a picture of a dime on it, one with a large X on it, and one non labeled bucket.

### Step 1

- Have students volunteer to share what they know about a penny, nickel and dime.
- Ask students to identify equivalent amounts of coins. Ex. 5 pennies equals 1 nickel, 10 pennies equals 1 dime.
- Remind students that when we use our bodies by jogging, hopping, skipping and running we also allow our brains to be open to more learning. These activities benefit our brain and our heart.

### Step 2

- Show students the materials being used today. Plastic egg with coin pictures inside and labeled buckets.

- Tell students they will retrieve a plastic egg and open it, viewing the paper inside.
- Show them how to count the amount on the paper.

### *Step 3*

- Explain to the students that outside, there are plastic eggs just like the one you've shown.
- Tell the students when they are outside, they will run, skip, jog, to retrieve an egg and then bring it back to the teacher.
- Students will then show and say the amount on the paper and place it in the equivalent coin box. If it is not equivalent to either coin box, they should put it in the X box. Then discard the plastic egg into the non-labeled bucket and run to get another plastic egg.
- Tell student that if they place their paper in the nickel bucket they get to do 5 jumping jacks, if they placed it in the dime bucket they get to do 10 cross crawls, and if they placed it in the X bucket they get to do one push up.
- Tell students they will continue to retrieve eggs one at a time until all the eggs have been collected.

### **Assessments**

- After all eggs have been collected, have students line up and lead them in 3 calming breaths before returning inside.
- Choose focused students to bring buckets inside.
- Ask students whose heart pumped hard during the activity, and remind them of the benefits of exercise.
- Tell students that you will check the buckets to follow up on their answers from the activity.
- Take incorrect placed strips and review them with the students for understanding.

### **Extensions/Connections**

Have students use play coins to create equivalent amounts at their desk, using 5 or 10 exercises based on their coin value.

Add a bucket to the game that includes the value of a quarter.

### **Resources/References**

None

### **Handout**

Attached coin pictures for the eggs and buckets.



Sample Lesson Plan  
Virginia 2020 SOL Edition  
GRK-HP-6

**Essential Health Concepts**  
**Healthy Decisions**  
**Measurement and Geometry**  
**Tammy Underwood WJCC**

# Printable Coin Pictures

Nickel Equivalent (make 2 copies)

Dime Equivalent





Dime Equivalent (make 2 copies)



Not nickel or dime equivalent (make 2 copies)



