



Substance Abuse Prevention

Learning Objectives

- I can define substance abuse vocabulary terms (7.11)

Teacher Notes

- This lesson will include pauses for student thinking and discussion. Pause the video as instructed for student input.
- The teacher will need to print the substance abuse vocabulary handout and tape the definitions to the walls spread out throughout the classroom.
- Students will need the substance abuse vocabulary chart and a writing utensil.

Lesson Steps: Video Outline: [7.11 Substance Abuse Prevention Video](#)

Step 1 Introduction

- Pre-Assessment
 - What is a drug? Are all drugs bad for your body?
- The video will define drug misuse and abuse as well as the side effects of teen drug use

Step 2 Activity

- Definition Exploration: Students will travel throughout the room and write down the definitions to the words listed on their substance abuse definitions chart. The teacher should tape the substance abuse definitions around the room. Students will return to their desk upon completion.

Step 3 Closure

- Exit Ticket: List two reasons why drug use is especially harmful to teens

Assessments

- Pre: Lesson will introduce topic, engage learners, and access prior knowledge
- Post: Definition exploration will provide students with content knowledge to define substance abuse vocabulary terms. Teacher will observe student charts to determine level of objective mastery.



Sample Lesson Plan
Virginia 2021 SOL Edition
Created by: Loren Dragon
Substance Abuse Prevention
GR7-SAP-2
Grade 7 - 7.11

Extensions/Connections/Applications

- Extended learning opportunity: Students can access print or online resources to research drug misuse and abuse in the United States. Students can create a pamphlet, poster or presentation to educate others about the dangers of substance abuse.

Resources/References

- [Health Smart VA](#)
- [McGrawHill Education: Glencoe Teen Health](#)
- [7.11 Substance Abuse Prevention Slides](#)

Handouts

- Substance Abuse Vocabulary Definitions (one per class)
- Substance Abuse Vocabulary Chart (one per student)



Substance Abuse Definitions (1 of 7)

Prescription

Written instructions from a doctor that officially provides someone with a medication or treatment

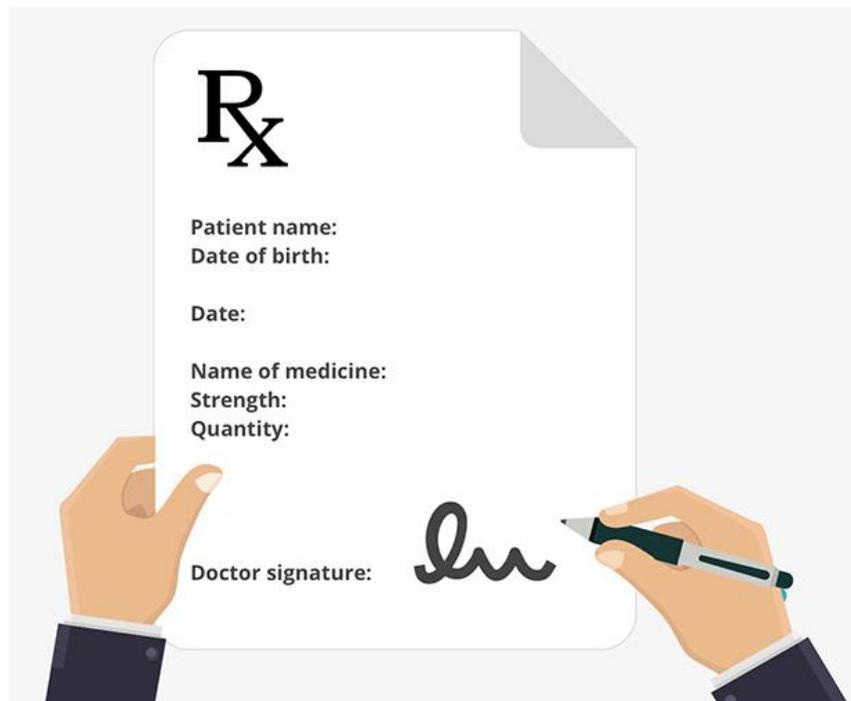


Image Source: Pixabay

Substance Abuse Definitions (2 of 7)

Controlled Substance

A drug or other substance that is tightly controlled by the government because it may be abused or cause addiction.



Image Source: Pixbay

Substance Abuse Definitions (3 of 7)

Nicotine Vaping Products

A battery operated electronic device that heats up liquid nicotine to create a vapor you inhale. Examples include Vape Pens, E-Cigarettes and JUULs.



Image Source: Pixbay



Substance Abuse Definitions (4 of 7)

Hemp

The tough fibrous parts of the cannabis plant that can be used to make rope, strong fabrics and paper.



Image Source: Pixbay



Substance Abuse Definitions (5 of 7)

Marijuana Derived Cannabodinal (CBD) Product

Cannabidiol (CBD) is a naturally occurring compound found in the cannabis plant known for its non-intoxicating medicinal uses. Examples include CBD Oil, CBD Cream and CBD Edibles.





Image Source: Pixbay

Substance Abuse Definitions (6 of 7)

Drug Misuse

Taking or using medicine in a way that
is not intended



Image Source: Pixbay



Substance Abuse Definitions (7 of 7)

Drug Abuse

Intentionally using drugs in a way that is unhealthful or illegal



Image Source: Pixbay



Substance Abuse Vocabulary Chart

Name: _____

Vocabulary Term	Definition
Prescription	
Controlled Substance	
Nicotine Vaping Products	
Hemp	
Marijuana Derived Cannabidiol (CBD) Products	
Drug Misuse	
Drug Abuse	



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