

Sample Lesson Plan Virginia 2021 SOL Edition Created by: Victor Spadaro Safety and Injury Prevention GR3-SAF-7 Third Grade - 3.1j, 3.2j, 3.3j

# **LocoMotor Travel**

# Learning Objectives

- I can explain safety rules at home and when riding in a motor vehicle. (3.1j)
- I can explain the importance of following safety rules at home and when riding in a motor vehicle. (3.2j)
- I can discuss and develop a family safety plan to prevent injuries at home and when riding in a motor vehicle. (3.3j)

# **Teacher Notes**

- Vocabulary: Motor Vehicles
  - Car Walking or jogging
  - o Bus Gallop
  - o Truck Skip
  - Motorcycle Hopping or jumping
  - Start your engines Get ready to move
  - Park it Stop where you are
  - Slippery Roads Slow and Slide
- Make sure students have space to travel in their home.
- Teachers may pause between each mention of a new motor vehicle to check for understanding in order for students to understand different calls.

## Lesson Steps: Video Outline

Locomotor Travel Video

Step 1 Introduction

- Let's go around and name a few motor vehicles
- We have cars, buses, trucks, and motorcycles.
- How can we be safe in a motor vehicle?

## Step 2 Activity

- Motor vehicles travel in different ways. Let us pretend that we're a car. Before we drive we need to make sure our seat belt is on. Let us put our hands up like we are driving a car. We will start by walking and when I say change gears we will move a little bit faster.
- By saying, change gears again, we will slow down. When I say park it, we will stop where we are and sit down. Start your engines will be the cue to start moving.



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• Teachers may pause to mention a new motor vehicle and to check for understanding in order for students to understand different calls.

#### Step 3 Closure

• Can anyone tell me why it is important to be safe in a motor vehicle?

#### Assessments

- Call and response Pre-Assessment (Can you name a motor vehicle? Car, Bus, Truck, Motorcycle.)
- Call and response Post-Assessment (What are examples we can show by being safe in a motor vehicle? Seatbelt, Car seat, Helmet.)

# **Extensions/Connections/Applications**

- Teachers can add calls to provide more ways of travel besides just motor vehicles.
  - o Turbulence Start bouncing
  - Airplane = Arms out
  - Helicopter = Arms/Hands up in the air
  - Boat = Life vest/Swim