

Sample Lesson Plan
Virginia 2021 SOL Edition
Created by: Wayne Herninko
Substance Abuse Prevention –
GR2-SAP-6
2nd Grade - 2.1g, 2.2g

Venn Do We Use Medicines?

Learning Objectives

• I can tell the difference between prescription and nonprescription medicines, and I know why I should only use medicines with the help of an adult (2.1g, 2.2g)

Teacher Notes

- You can start with this lesson's video. It will instruct you to watch the BrainPop Jr. video
 (https://jr.brainpop.com/health/drugs/medicine/) before continuing with the main video.
- Vocabulary: prescription, non-prescription.
- Students will need some room to move while watching/participating with the main video.

Lesson Steps: Video Outline

[https://drive.google.com/file/d/1w31rinQDLVcrUuFSmzxaL0HHBN2I6Uw3/view?usp=sharing =Short Version, https://drive.google.com/file/d/1ZQCYkjEIVRbGwtjIPK0zuCKsLTLOEWPn/view?usp=sharing =Long Version]

Step 1

Ask before the BrainPop Jr. and this video: Do you know what a prescription is?

Step 2 Activity

• <u>Movement Venn Diagram</u>: Students will do a movement activity (exercise, balance, etc.) and then be asked a question. If the answer is prescription medications, then they stand to one side, if the answer is non-prescription medications, then they stand to the other side, and if the answer is BOTH prescription AND nonprescription medicines, then they stand in the middle.

Step 3 Closure

 Ask after the video: What helps you know the difference between prescription and nonprescription medicines? What kind of lids do medicines have on them [child-safety lids]? Why do you think those lids are there?

Assessments

- <u>Pre-Assessment</u>- Call and Response: Do you know what a prescription is? If most of them do, then see if they can explain what a non-prescription medicine is.
- <u>Post-Assessment</u>- Call and Response: What helps you know the difference between prescription and nonprescription medicines? What kind of lids do medicines have on them (child-safety lids)? Why do you think those lids are there?



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 Include your own questions (and/or questions students asked during the videos relating to ONLY taking medicines with parent/adult supervision. Ask, "What can happen if you take medicine without adult help?"

Extensions/Connections/Applications

• For post-assessment, instead of asking call and response questions you could extend the Venn Diagram activity by asking YES or NO questions and have students stand to one side for YES and the other for NO.

Resources/References

- Teaching Kids About Using Medicine Safely- https://www.hivehealthmedia.com/teaching-kids-medicine-safely/
- Prescription Medicine Safety (some other videos and resources)- https://www.poehealth.org/educational-topics/general-health/prescription-medicine-safety-resources-for-young-children-prek-3rd-grade/