

Playground Protection

Learning Objectives

- I can explain the importance of assuming responsibility for personal safety. (2.1h)
- I can identify ways that students can take responsibility for personal safety at home, at school, and in the community. (2.2h)
- I can identify emergency resources, services, and healthcare professionals in the community that influence health, safety, and wellness. (2.3h)

Teacher Notes

- Vocabulary
 - Playground - an outdoor area provided for children to play in, especially at a school or public park.
 - Safety - Being protected or decrease the chance of risk or injury
 - Responsible - In control of something or taking care of something/someone
 - Obstacle Course - a course over which participants negotiate obstacles to be climbed, crawled under, crossed on suspended ropes, etc
- When playing the activity, make sure to let students be creative in making their playground/obstacle course. Maybe pretend that they have to jump over mud or that they have to land on an invisible target.

Lesson Steps: Video Outline

[Playground Protection Video](#)

Step 1 Introduction

- How can you be safe and responsible at home, the school, or the community?
- Today we are going to go over the importance of being safe

Step 2 Activity

- Today we are going to make a playground/obstacle course in our own home. You can add challenges at each check mark like how many times can you tap a paper ball in the air without falling or hit it 10 times without falling. You can jump over pillows, crawl under chairs.
- Or another option is if you don't have enough space is to draw a picture of a playground/obstacle course and ways you can be safe throughout the entire playground/obstacle course. Then maybe design a course outside or at a playground.



Step 3 Closure

- A picture of your planned playground/obstacle course or how long it took to complete the obstacle course

Assessments

- Pre-Assessment - Informal chat about how to be safe on a playground/obstacle course.
- Post-Assessment - A drawing of a playground/obstacle course and how to be safe on it.

Extensions/Connections/Applications

- Instead of creating the obstacle course, they can design it and explain how to be safe on the course/playground if it was made.
- Extension - Create an actual playground/obstacle course and run through it to see how long it will take.

Resources/References

- [Playground Protection pptx](#)