



Reviewing Safety Rules

Learning Objectives

- I can identify ways I can keep myself safe in many different situations.

Teacher Notes

- Follow along with the video.
- This lesson will include pauses that will involve student response or time to complete the activity. Please pause the video as instructed for as long as needed.

Lesson Steps: Video Outline [1.1h Video](#)

Step 1 Introduction

- Why do we have rules?
- Reviewing how to keep ourselves safe is important so we ensure we remember.

Step 2 Activity

- Class will make a list of ways to stay safe when:
 - on a bus, car, walking, playground, fire, water, internet and biking/sporting equipment
- Using those lists students will be broken up into 8 separate groups
- Each group will come up with 3 movements that help show the safety to remember for that area
- Each group will teach the rest of the class the 3 movements
 - example: Fire Group could have everyone Stop, Drop and Roll

Step 3 Closure

- Why is it important to know the rules, wherever we are?

Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge
- Post: The activity will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.

Extensions/Connections/Applications

- The teacher can have more discussion as desired with students throughout the lesson.

Resources/References

- [Health Smart VA](#)



Virginia 2021 SOL Edition
Created by: Sue Zeanah
Safety/Injury Prevention
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First Grade - 1.1.h

- [Kids Health](#)