

## **Virginia Physical Education SOLs - IEP Goal Bank**

The IEP goal bank provides S.M.A.R.T. (specific, measurable, attainable, relevant and time-related) goals to assist in making your goals/objectives measurable. Since IEP goals are individualized, this goal bank is used to provide a foundation for which to build a goal around. In addition, the goals are linked directly to the Virginia Physical Education Standards of Learning to provide applicable examples related to current Virginia curriculum.