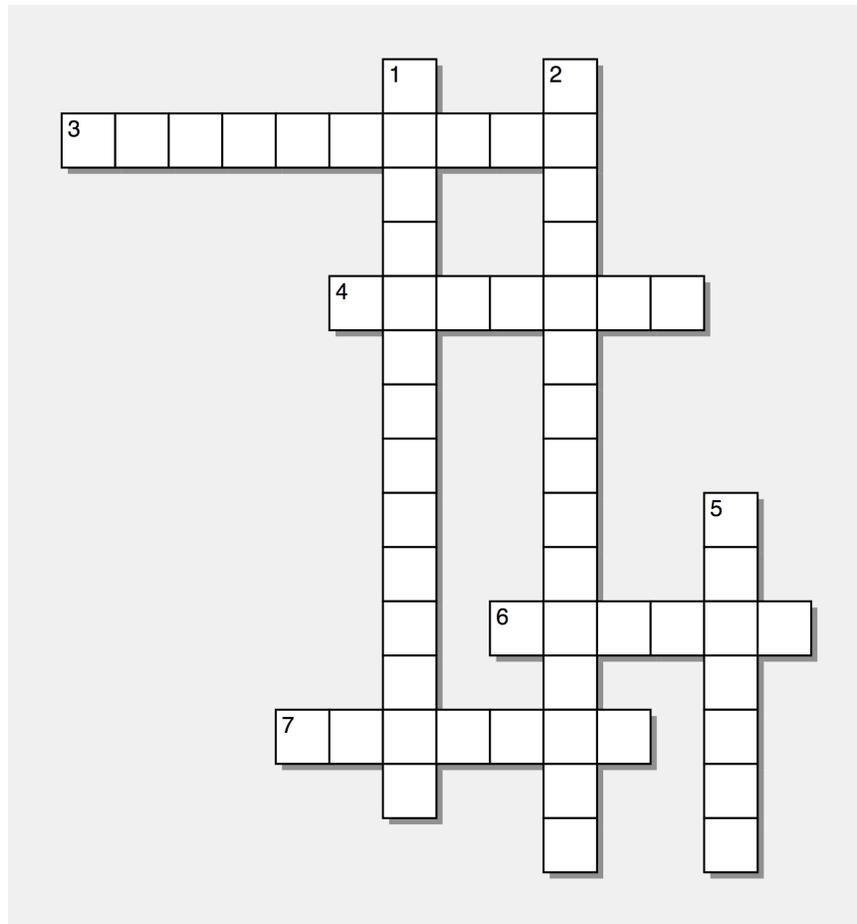


PHYSICAL EDUCATION CROSSWORD PUZZLE

Name: _____

Complete the puzzle. Then, talk to a family member or friend about what each word means to you.

Motor Skill Development



Across

- 3) An understanding and demonstrated ability to successfully perform a skill. [COMPETENCE]
- 4) An arrangement or sequence. [PATTERN]
- 6) An action or strategy that helps achieve a specific goal. [TACTIC]
- 7) Something that is constantly changing or moving. [DYNAMIC]

Down

- 1) The evaluation of one's own performance. [SELFASSESSMENT]
- 2) A single point from which the body's weight is evenly distributed, creating perfect balance. [CENTEROFGRAVITY]
- 5) Skill or proficiency in a specific area. [ABILITY]