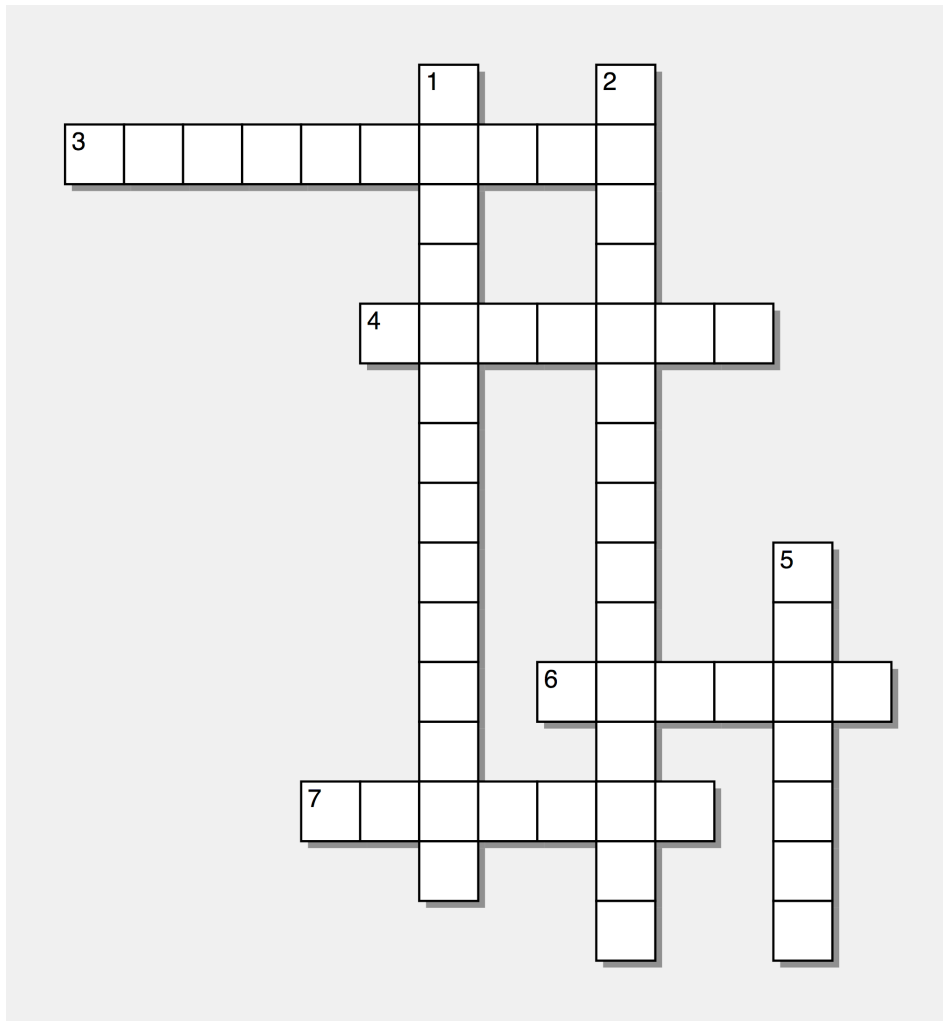


PHYSICAL EDUCATION CROSSWORD PUZZLE

Name: \_\_\_\_\_

Complete the puzzle. Then, talk to a family member or friend about what each word means to you.

**Motor Skill Development**



**Across**

- 3) An understanding and demonstrated ability to successfully perform a skill.
- 4) An arrangement or sequence.
- 6) An action or strategy that helps achieve a specific goal.
- 7) Something that is constantly changing or moving.

**Down**

- 1) The evaluation of one's own performance.
- 2) A single point from which the body's weight is evenly distributed, creating perfect balance.
- 5) Skill or proficiency in a specific area.