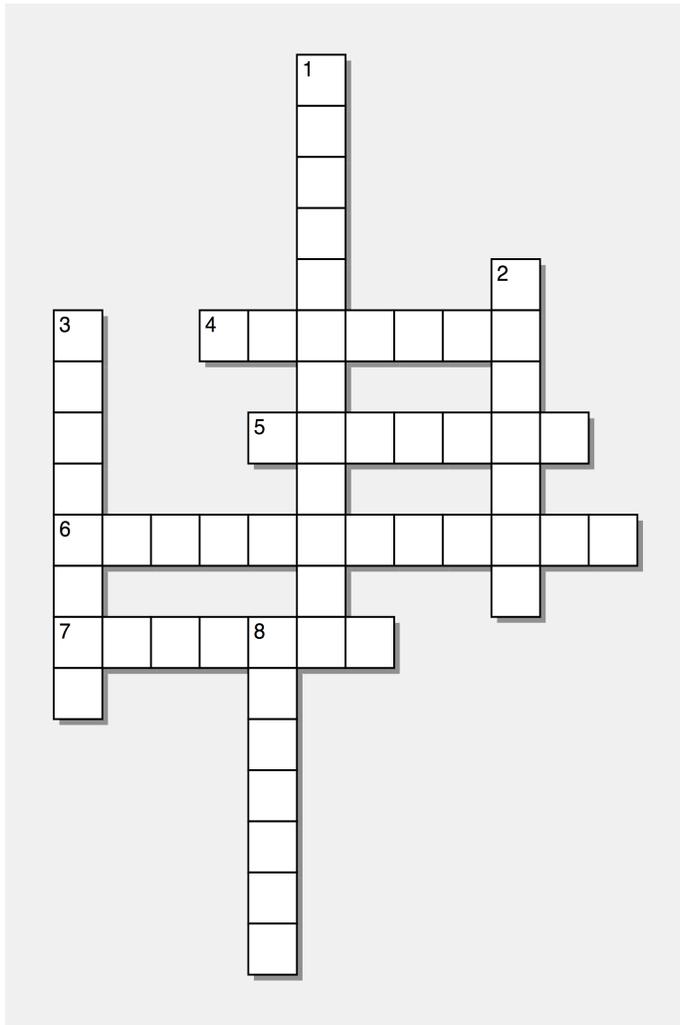


PHYSICAL EDUCATION CROSSWORD PUZZLE

Name: _____

Complete the puzzle. Then, talk to a family member or friend about what each word means to you.

Motor Skill Development



Across

- 4) A skill-related fitness component that is the ability to quickly change body position. [AGILITY]
- 5) A course along which a body moves as it travels through general space. [PATHWAY]
- 6) A skill-related fitness component that is the time it takes a person to respond to what they can hear, see, or feel. [REACTIONTIME]
- 7) To unite; join together. [COMBINE]

Down

- 1) A skill-related fitness component that is the ability to combine movements of several parts of the body. [COORDINATION]
- 2) Something that is always changing or moving. [DYNAMIC]
- 3) The quality of being correct, precise, or on target. [ACCURACY]
- 8) To make or become better. [IMPROVE]