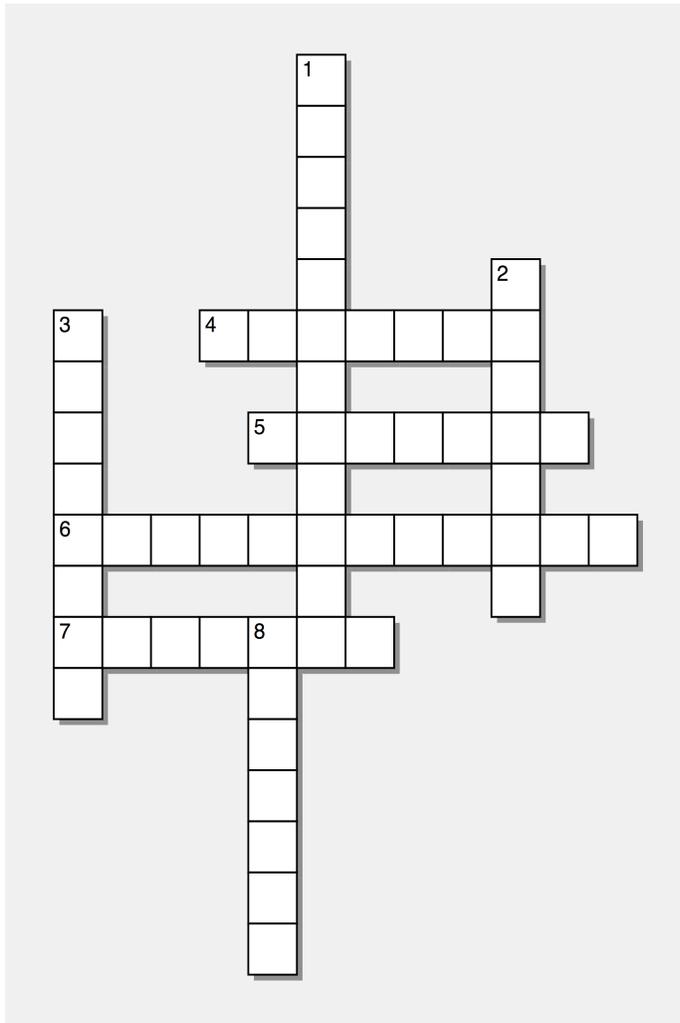


PHYSICAL EDUCATION CROSSWORD PUZZLE

Name: _____

Complete the puzzle. Then, talk to a family member or friend about what each word means to you.

Motor Skill Development



Across

- 4) A skill-related fitness component that is the ability to quickly change body position.
- 5) A course along which a body moves as it travels through general space.
- 6) A skill-related fitness component that is the time it takes a person to respond to what they can hear, see, or feel.
- 7) To unite; join together.

Down

- 1) A skill-related fitness component that is the ability to combine movements of several parts of the body.
- 2) Something that is always changing or moving.
- 3) The quality of being correct, precise, or on target.
- 8) To make or become better.