

TIERED QUESTIONING SET

The following tiered question sets are based on Webb's Depth of Knowledge (DOK) Levels. These sample sets are designed to assess student understanding of physical education academic language vocabulary found within the Virginia Physical Education Standards of Learning. Model these questions with other vocabulary words or critical concepts. There are 4 Depth of Knowledge Levels. However, at the primary grade levels (K-2) the authors limit question sets to DOK Level 3 (Strategic Thinking). This level provides a developmentally appropriate and realistic target for scaffolding in-class debrief questions.

DOK 1: Recall
DOK 3: Strategic Thinking

DOK 2: Skill/Concept
DOK 4: Extended Thinking

Dribble [2.1: Motor Skill Development]

DOK 1: What is dribbling?

DOK 2: How would you use dribbling in basketball?

DOK 3: How is dribbling with your feet like dribbling with your hands?

Heart [2.2: Anatomical Basis of Movement]

DOK 1: What does the heart do for our bodies?

DOK 2: What happens to your heart when you run or play hard?

DOK 3: What other activities can you do to make your heart beat faster? Beat slower?

Flexibility [2.3: Fitness Planning]

DOK 1: What does it mean to be flexible?

DOK 2: Why is it important to have good flexibility?

DOK 3: What activities can you do to improve your flexibility?

Challenge [2.4: Social Development]

DOK 1: What does it mean when something is a challenge?

DOK 2: What skills are challenging for you?

DOK 3: How should you react when a skill or activity is a challenge?

Dairy [2.5: Energy Balance]

DOK 1: What foods are dairy products?

DOK 2: Why are dairy foods important for our bodies?

DOK 3: What do you think would happen if someone didn't eat or drink many dairy products?

Learn more about DOK Question Stems for Physical Education at the [OPENPhysEd.org Blog](https://openphysed.org/blog).