#### The **UPEN** Academic Language Project

Based on the Virginia Physical Education Standards of Learning





More Physical Education Curriculum Tools at www.OPENPhysEd.org OPEN is a Public Service of US Games

### ADVOCATE (Verb)

### To publicly recommend or support.

### Rachael will advocate for her school's physical education programs during next month's school board meeting. (VA SOL 11/12.4)











(Adjective)

## Showing a great deal of variety; very different.

There were a lot of diverse learners in Miss Geller's physical education class; different people were able to understand concepts by learning them in different ways. (VA SOL 11/12.4)









## 

(Noun)

A customary code of polite behavior in society or among members of a particular profession or group.

Chandler showed proper bowling etiquette during the tournament by waiting until the person in the lane next to him was finished before beginning to take his turn. (VA SOL 11/12.4)







### FACILITATE (Verb)

To assist; make (an action or process) easy or easier; explains the activity.

Dean facilitated the group activity by reading the instructions and helping everyone to stay on task. (VA SOL 11/12.4)



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### **IMPLEMENT** (Verb)

To put into effect according to or by means of a definite plan or procedure.

## Jackson implemented his personal fitness plan into his daily schedule. (VA SOL 11/12.4)









## INCLUSION

(Noun)

The action or state of including or of being included within a group or structure.

The inclusion of strength training in her exercise regimen allowed Callie to achieve her goal of performing 20 pushups in a row. (VA SOL 11/12.4)







### **PROBLEM-SOLVING**

(Adjective)

Relating to the process of finding solutions to difficult issues.

Jess used his problem-solving skills to successfully navigate all the obstacles in the project adventure unit. (VA SOL 11/12.4)





### SOCIAL COMPETENCY (Noun)

A person's ability to get along with other people; affected by communication with others.

Derek demonstrated social competency throughout the entire project adventure unit by positively communicating with his classmates. (VA SOL 11/12.4)







### **SOCIAL INTERACTION** (Noun)

# An exchange between two or more individuals by communication and expressions.

Meredith demonstrated that she was skilled at social interaction by effectively communicating with her partner during the Pickleminton tournament. (VA SOL 11/12.4)







### SOCIAL NETWORKING CAMPAIGN (Noun)

A coordinated marketing effort to reinforce or assist a group in the achievement of their goal by using one or more social media platforms.

Christina's basketball team created a social networking campaign to share the importance of daily physical activity with their peers. (VA SOL 11/12.4)



